

UPDATED LIST OF PSYCHOLOGISTS AND PSYCHIATRISTS

	Name	Professional competence	Location	Tel No.
1	Alice Branchard	Counseling Psychologist	Westlands; Grevillea Grove	0733 741 703, 0787 567 102
2	Anastasia Thiong'o	Counseling Psychologist	Nakuru Town	0722 614 605
3	Manasi Kumar	Counseling Psychologist	Muthaiga; Hse No. 1 Mutundu close - near Getrude	0717 379 687
4	Tonya Show	Clinical Psychologist	Karen surgery	883 845, 883 846
5	Margaret Kitsusa	Counseling Psych./Chemical Depend.	Buruburu Business Complex bldg, 3rd Fl Rm No. 42	0722 931 548
			Near Kenya National Library	
6	Dr. Catherine Gacutha	Counseling Psychologist	Southern Credit Bldg - 5th Flr. Moi Av. Opp. Meridan Ht.	0723 891555, 0736 475 321, +254 2245 877
7	Dr. Gladys Mwiti	Clinical Psychologist	Hurlingharm - Oasis Counseling Services	020 271 5023
8	Dr. Debra Schoeherr Malik	Counseling Psych. / trauma / FMT	Farasi Lane Off Kabete RD	0733 730503, 418 0239
9	Josephine Muthamia	Counseling Psychologist / trauma	St. Michael counseling services, Galexon Hse, 1st Floor Room 107 (next to Galexon Hotel)	0722 796 256, 0725 699 018
10	Josephine Macharia	Counseling Psych./FMT	Karbanet Rd, off Ngong Rd princes Flts, Grd Flr, No. 10	0722 70 55 60
		Adolescence Counseling / Training	The Rite Consult.	
11	Dr. Lincoln Khasakhala	Clinical Psychologist	A.I. C Flats, FLT No. 4 Ralph Bunche RD, African Medical Foundation	2716 315 / 0722585040, 0722 860 485
12	Susan Wachira	Counseling Psychologist	Psychosocial Support Center, East Church Rd Westlands	0733 719 770, 0720 229 740
13	Job Watene	Counseling Psychologist / trauma	Mzima Spring, Sapta Center	3872745 / 0733-641780 / 0722-874027
14	James Kimani Githogo	Counseling Psychologist / Lawyer	KICC building, lower ground, Room LG - 9	020 2244184, 020 2242470, 0722715424
15	Nazira Mawji	Counseling Psychologist / trauma	Olive Tree; A psychological Center	020 2676365/7, 0734332 333
16	Tabitha W Gikang'a	Counseling Psychologist / trauma	Murang'a Road	254 - 721 - 208660
17	Allan Kimani	Counseling Psychologist	Nairobi Counseling Services	0724 527 279, 0727 067 169
18	Munira Zahid	Counseling Psychologist	Sarit Center	254- 722 786577, 254 - 734787577
19	Rebecca Dempster	Clinical Forensic Psychologist	Westlands	254- 729 110 990
20	Munira Ahmed Jushuf	Clinical Psych. / FMT.	Med Plaza, Parklands	Tel. 444 53 88 / 90, 0734 46 11 75
21	Elizabeth Maree Lee	Counselor/ psychologist	Yaya Center / Nairobi Place	254-735033430, 254- 713 234 737
22	James Mbugua	Counseling psychologist	Mt. Kenya University	0722 442 180, 020 20 99 810
23	Beatrice Muruga	Counseling Psychologist / trauma	Good Shephard Church	254-726229079, 0733761445
24	Joseph Njoroge	Counseling Psychologist/ trauma	USIU - A	254- 733 491 256
25	Anita Awour	Counseling Psychologist	Kileleshwa	254 - 0722 310804
26	Milka M Kibanya	Counseling Psych. / HIV and AIDS	KICC building, lower ground, Room LG - 9	0721 489722, 0734 413236
27	Nancy Wanjiru Kimani	Counseling Psychologist	KICC building, lower ground, Room LG - 9	020 2244184, 020 2242470, 0722 53 0006 020 3874008
28	Ruth Kinoro	Counseling Psychologist	KICC building, lower ground, Room LG - 9	020 2244184, 020 2242470, 0722 307968
29	Catherine Mbau	Counseling Psychologist	Arise Counseling Service - Ridge Ways Close,	020 245 99 25, 254 (0) 721 287 859
30	Bright	Counselor For Physically Disabled	Westlands	0722 842 922
31	Monica N Mucheru	Counseling Psychologist	Kivuli Counseling Service- Ngong, Oroko Plz. 2nd Flr.	254- 0700-450 588, 254 - 0721448264
32	Julia Kagunda	Counseling psychologist	Westlands Bekim Hse, suite 6B -Crossway Road	0721 21 3930
33	Wandia Maina	Counseling Psychologist	Kilimani	0722 957 390

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Educational and Child Psychologists				
1	Dr.P Ndambuki	Educational and Child Psychologists	Kenyatta University	810 901 ext.029, 0720 33 66 89
2	Azmaira Mawji	Educational Psychologist	The Olive Tree; 191 School Lane, Westlands	020-2670365/7, 0734332333, 0726340379
3	Sue Harris	Speech Therapist and Ed. Psychologist	Lang'ata Road (Near Girrafe Sanctuary)	0733 770915, 890 428/433
4	Eva Nyoike	Special Ed. Specialist	Acorn Special Tutorials, Gitanga RD	0733 785234, 386 4436/7
5	David Kariuki	Educational Child Psychologist	Kenyatta University	0722 53 1200
6	Elizabeth Kruger-Scheltema	Speech Therapist	Cactus Villa (Old Waiyaki Way)	020 418 5726/41
7	Kenya Institute of Sp. Ed.	specia. Ed- Learning Assess./placement	Kasarani - Off Thika Rd	800 79 77, 0734 801 860, Mr. Njuguna - 0720 732 729
Psychiatrists				
1	Dr. Maxwel Okonji	Physician Psychiatrist	Nairobi Hospital	254 -722740591, 254- 28453000
2	Dr. Mary Wangari Kuria	Physician Pschiatrist	City Center NHC building / Nairobi University	254 - 0722755601, 020 2244746
3	Dr. David Bukusi	Physician Psychiatrist	Kenyatta National Hospital	
4	Dr. Pius Kigamwa	Physician Psychiatrist	Agakhan University Hospital	254 -722521261, 254 - 3740000
5	Dr. Mburu	Physician Psychiatrist	Nairobi Place - Karen	020-882 448, 020- 0735550000
6	Dr. Mwagome	Physician Psychiatrist	Coast General Provincial Hospital	254- 722304804
7	Dr. Joyce Wambua	Physician Psychiatrist	Jomo kenyatta University/Thika	067- 21534
8	Dr. Owiti	Physician Psychiatrist	Arrow House	254-0733610978
9	Dr. Makanyego	Physician Psychiatrist/Child Pschiatrist	Kenyatta Hospital	254-0722829509
10	Dr. Mutiso	Physician Psychiatrist / Counselor	Menlink Hospital	020- 387 5775
11	Dr. Kinyanjui	Physician Psychiatrist	Moi Referral Hospital Eldoret	721890187
12	Dr. Atwoli	Physician Psychiatrist	Moi Referral Hospital Eldoret / University	
13	Dr. Asalia Onyango	Physician Psychiatrist	Kisumu / Nyanza Provincial Hospital	
14	Dr. Ongecha	Physician Psychiatrist	South C - Villa Health Care	020 2639572
Counselling Institutions				
1	Amani Counseling Center	Counseling services	Nairobi - Langata Road	
2	Oasis Counselling Center	Counseling services	Huringham - Regent House	
3	Maranatha College	Counseling services/ Training	Nairobi City Center - opposite Meridian Court Hotel	
Alcohol and Drug Abuse Rehabilitation Centers				
Institution	Services	Location	Contacts	
1	The Nairobi Place	Drug & Acohol Addiction Treatment	Karen	Tel. 882 448, 884 352
2	Avenue Hospital	Detox only	1st Parklands Avenue	Tel. 374 2301, 374 4554, 374 4012
3	Asumbi Center - Karen	Rehab only	Karen Lang'ata RD, 700M From Nakumatt	Tel. : 2700126
4	Chiromo Lane Medical Center	Detox & Rehab	Westlans, Muthithi Rd	Tel. 374 9979, 374 6103, 374 9238
5	Mathare Hospt (Public Hospt)	Detox & Rehab	Nairobi - Thika Rd, off Muthaiga Roundabout	Tel. 376 33 11, 376 33 14 /15/17
6	The Red Hill Place -	Rehab only	Redhill - Off Limuru Rd	Tel. 0722 714 300, 272 1513, 272 1498
			Rehab Center	066- 51551, 0722 83 76 27 (REHAB)
7	Support for Addictions	Drug and Alcohol Addiction Treatment	Kirichwa Lane - Off Ngong Road	Tel. 020 387 5045, 0724 511 709, 0728 081118
	Prevention Treatment - A	Out Patient Prog.		

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8	The Retreat	Alcohol and Drug addiction Rehab		Tel. 020 8081 739, 0715 003 150
9	Blessed Talbot Recovery	Alcohol and Drug addiction Rehab	Ndumberi Off Kiambu Githuburi RD	Tel. 0722 341 452
10	The Red Hill Place - Nairobi	Out Patient Prog - After care Prog	Huringham	Tel. 020 272 1513, 020 272 1498
11	Bridge Center	Alcohol and Drug Addiction Rehab	Kiambu	Tel. 0720 35 2216
12	Amika Pilgrimage	Out Patient Outpatient Rehab Centre	Hardy - Langata	07202 862 022
13	Bustani - Chiromo Lane	Residential psychiatric /detox	Muthangari Rd - No. 37	0733 77 86 09
	NACADA	Treatment and Rehabilitation Prog.	NSSF - Building Block - A Eastern Wing 18th Flr.	254 020 272 1997, 254 723 749 731
	Help Line - Toll Free	00800 72 00 33		Attn: Mr. George Murimi
Institutions with Psychiatric Services				
1	Avenue Hospt	Inpatient and Outpatient	1st Parklands Avenue	Tel. 374 2301, 374 4554, 374 4012
2	Mathare Hospt (Public Hospt.)	Inpatient and Outpatient	Nairobi - Thika Rd, off Muthaiga Roundabout	Tel. 376 33 11, 376 33 14 /15/17
3	Chiromo Lane Med. Center	Inpatient and Outpatient	Westlans, Muthithi Rd	Tel. 374 9979, 374 6103, 374 9238
4	Karen Hospital	Inpatient and Outpatient	Karen	
Others located away from Nairobi				
1	Felista Kanyambura	KAPC - Dip counselor	Nakuru / Gilgil	Tel. 0722 822228
2	Humprey Mutegi	KAPC - Dip counselor	Nakuru / Gilgil	Tel. 0724 335014
3	Lillian Awimbo	KAPC - Dip counselor	Mombasa	Tel. 0722 73376
4	Winnie Mngute	KAPC - Dip counselor	Mombasa	Tel. 0728 038786
5	Nimo Yusuf	KAPC - Dip couns./ Somali Language	RCK - ? Nairobi	Tel. 0717 850 217
Laboratories				
	Pathcare Labs	Med. Lab specialists	Parklands	254 - 020 -375 3416
	NRB - Hosp	Warwick Center	Gigiri	0729 110202
Hospitals				
	NRB - Hosp	In-patient & Out-patient	Ngong Road	28453000
	NRB - Hosp	(Judith Nthumbi)	Nurse Counselor	0721 963 465, 254 020 2845000, 284 60 24
	NRB - Hosp	Roselyne Odiemba	Social Worker /Counselor	0722 281 362, 254 20 284 5000, 284 60 24
	AKUH - Hosp	In-patient & Out-patient	Parklands	37 40000